Coverage for: Individual/Family | Plan Type: PPO Freemont Union

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.askallegiance.com</u> or call 1-855-999-6827. For definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> and <u>www.cciio.cms.gov</u> or call 1-855-999-6827 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$1,500 individual, \$1,500 individual + one/\$2,000 family, \$1,500 individual + 2 or more/\$2,500 family, Non-Network: \$3,000 individual, \$3,000 individual + one/\$4,000 family, \$3,000 individual + 2 or more/\$5,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> (embedded) until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care is not subject to deductible.	This <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> amount, but a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at http://www.healthcare.gov/coverage/preventive-care-benefits .
Are there other deductibles for specific services?	No	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$4,000 individual, \$4,000 individual + one \$6,000, \$6,000 family, \$4,000 individual + 2 or more/\$8,000 family, Non-Network: \$8,000 individual, \$8,000 individual + one/\$12,000 family, \$8,000 individual + 2 or more/\$16,000 family, medical and pharmacy combined.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> (embedded) until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the out-of-pocket limit?	DAW penalties (difference in cost between generic and brand if generic alternative is available), <u>premiums</u> , <u>balance billing</u> charges (unless <u>balanced billing</u> is prohibited), and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.askallegiance.com or call 1-855-999-6827 for a list of PPO	

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

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Common Medical Event	Services You May Need	PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Limitations & Exceptions & Other Important Information	
	Primary care (PCP) visit to treat an injury or illness	\$25 <u>copayment</u> /visit <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	Copayment applies only for evaluation and management. Additional charges are subject to applicable deductible	
If you visit a health care provider's office	Specialist (SCP) visit	\$50 <u>copayment</u> /visit <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	and coinsurance	
or clinic	Preventive care/screening/ immunization	No charge <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
Marco barra da d	Diagnostic test (x-ray, blood work)	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
If you have a test	Imaging (CT/PET scans, MRIs)	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
If you need drugs to treat your illness or condition More information about prescription drug	Generic drugs	Retail: \$10 <u>copayment</u> 30 day supply \$20 <u>copayment</u> 90 day supply CVS/Target only Mail Order: \$20 <u>copayment</u> 90 day supply		Charges payable through the Plan's Pharmacy Benefit Manager (PBM) program. If Physician does not prescribe "Dispense as Written" (DAW), and there is a generic	
	Preferred brand drugs	Retail: \$30 <u>copayment</u> 30 day supply \$60 <u>copayment</u> 90 day supply CVS/Target only Mail Order: \$60 <u>copayment</u> 90 day supply		alternative, and covered person chooses a brand name instead, covered person must pay the difference in cost between generic and brand plus applicable brand copayment amount. Copayments may not apply to preventive care drugs as outlined in the Affordable Care	
coverage is available at www.caremark.com or 1-866-818-6911.	Non-preferred brand drugs	Retail: \$60 <u>copayment</u> 30 day supply \$120 <u>copayment</u> 90 day supply CVS/Target only Mail Order: \$120 <u>copayment</u> 90 day supply		Act (PPACA). Certain prescriptions require prior authorization before the drug can be dispensed or before obtaining a second fill.	
	Specialty drugs	30% <u>copayment</u> , up to \$250 maximum up to 30 day supply		Specialty prescriptions must be obtained from a specialty pharmacy. Coverage is limited to a 30 day supply.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
surgery	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Limitations & Exceptions & Other Important Information	
	Emergency room care	\$300 copayment/visit ded	<u>luctible</u> waived	Non-emergent use of the emergency room is subject to the applicable deductible and coinsurance.	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance after PF	PO <u>deductible</u>	None	
medical attention	Urgent care	\$75 <u>copayment</u> /visit <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	<u>Copayment</u> applies to all services performed in the urgent care facility by the same provider on the same day as the urgent care visit.	
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Pre-certification recommended for all inpatient admissions. Pre-treatment review recommended for	
stay	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	certain surgeries.	
If you need mental	Office visits	\$25 <u>copayment</u> /visit <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	None	
health, behavioral health, or substance	Outpatient services	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
abuse services	Inpatient services	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Pre-certification recommended for all inpatient admissions.	
If you are pregnant	Office visits	\$25 copayment PCP \$50 copayment SCP deductible waived if billed per office visit	50% <u>coinsurance</u> after <u>deductible</u>	Pre-certification recommended for all inpatient admissions exceeding 48 hours vaginal delivery or 96 hours C-Section. Cost sharing does not apply for preventive services. Depending on the type of services, deductible and coinsurance or copayment may apply. Maternity care may include tests and services described elsewhere in the	
	Childbirth/delivery professional services	30% <u>coinsurance</u> after <u>deductible</u> if billed as global fee	50% <u>coinsurance</u> after <u>deductible</u>		
	Childbirth/delivery facility services	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	SBC (i.e., ultrasound).	
	Home health care	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Pre-treatment review recommended.	
If you need help recovering or have other special health needs	Rehabilitation services	\$50 <u>copayment</u> /visit <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	Coverage includes occupational, physical and speech therapy. Pre-treatment review recommended.	
	Habilitation services	\$50 <u>copayment</u> /visit <u>deductible</u> waived	50% <u>coinsurance</u> after <u>deductible</u>	None	
	Skilled nursing care	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Pre-certification recommended for all inpatient admissions.	

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.				
Common Medical Event	Services You May Need PPO Provider (You will pay the least) Non-PPO Provider (You will pay the most) Limitations & Exceptions & Other Important Information			
	Durable medical equipment	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Pre-treatment review recommended.
	Hospice services	30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Includes bereavement counseling. Pre-certification recommended for all inpatient admissions.
If your shild poods	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
dental of eye care	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

Infertility treatment

Routine eye care (Adult)

• Dental care (Adult)

Long-term care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

Bariatric surgeryChiropractic care

- Non-emergency care when traveling outside of the U.S. (medically necessary)
- Private-duty nursing
- Routine foot care (medically necessary)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at: 1-877-267-2323 x61565 or www.cciio.cms.gov, www.askallegiance.com or call 1-855-999-6827. Additionally, a consumer assistance program can help you file your appeal. Consumer assistance programs available at www.dol.gov/ebsa/healthreform, or www.cciio.cms.gov/programs/consumer/capgrants/index.html.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$1,500	
Copayments	\$0	
Coinsurance	\$2,500	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is \$4,060		

Managing Joe's type 2 Diabetes

(a year of routine in-<u>network</u> care of a wellcontrolled condition)

■ The plan's overall deductible	\$1,500
Specialist copayment	\$50
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$900	
Copayments	\$800	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,720	

Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

in the example, the would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,500	
Copayments	\$700	
Coinsurance	\$70	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,270	

Note: The cost sharing amounts in the Coverage Examples are based on the CMS Cost Sharing Calculator (CECSC) www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/index.html used to estimate out-of-pocket expenses. The coverage examples are estimated costs only, and may not accurately reflect actual costs. The actual care you receive will be different from these examples, and the cost of that care will also be different.